



Application form for mentees

Application deadline: July 1, 2025

Name:		First name:	
Street:		Zip code and city	
Phone number:		E-Mail:	
Degree:			
Doctoral subject:			
Date of birth:		Child(ren):	yes ☐ no ☐

A. Professional career

1. Please briefly describe your current professional situation. (Motivation for the doctorate, status of the doctoral project, main focus / working title, supervision, type of funding)

2. What professional goals are you pursuing? Where would you like to be professionally in 10 years?

B. Expectations for the mentoring programme

1. What do you personally expect from participating in the mentoring programme?



2. Which questions and topics would you like to clarify or discuss in the mentoring programme?

3. The mentoring programme thrives on the commitment of all those involved. What skills, interests or experience can you contribute to support the programme?



4. In addition to the mentoring meetings, networking events and workshops are also important components of the programme. On which topics would you like to attend an event? (please tick a maximum of three topics):

- ☐ Self-presentation/self-marketing in science
- ☐ Applying for a job in academia
- ☐ Conflict management
- ☐ Work-life balance/compatibility of family and academia
- ☐ Milestones in an academic career
- ☐ Academic writing

Additional topics: _____

5. In the programme, we form small groups to prepare for and follow up on the discussions with the mentor. Would you prefer to take part in a German-speaking or English-speaking group?

English-speaking ☐ German-speaking ☐



Please send us the completed **profile form** and a **curriculum vitae** in tabular form to mentoring@upb.de.

Mentoring-Programm für
Doktorandinnen
Universität Paderborn
Warburger Str. 100
33098 Paderborn

Dr. Julia Steinhausen
H4.323
Phone number: 05251 – 60 3098
mentoring@upb.de

If you are accepted into the programme, we will use the application form to contact you and evaluate the programme anonymously. We need your consent for this:

Declaration of consent

I agree to be included in the mentee file of the Paderborn Mentoring Programme with the above information. The data will only be used by the coordinator to contact me and in anonymised form to evaluate the programme.

My rights to information, correction, deletion and blocking of the data (in accordance with §§ 18, 19 of the NRW State Data Protection Act) are not affected by this consent.

Place, Date

Signature

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